

Collingwood Rowing Club

115 First St., Suite 549
Collingwood ON L9Y 4W3
Phone: (705) 445-5088
Fax: (705) 444-1135
www.collingwoodrowingclub.com

ON-THE-WATER PROGRAMS 2008
Harbourview Park Beach, Collingwood

Full Name: _____ Birthday (m/d/y): _____			
Address & Postal Code: _____			
Phone (home): _____		Phone (work): _____	
Email Address: _____		Male	Female
Emergency Contact (name & phone) _____			
If you do not have regular access to email, how should we contact you? _____			
<u>Completed applications include:</u>			
Learn to Row: Form, Waiver, Cheque for \$125.00			
General Membership: Form, Waiver, Cheques for \$165 and \$100 (post dated to Dec 15/08)			
All cheques or money orders payable to Collingwood Rowing Club – NO CASH			
Completed applications will be received at 115 First St., Suite 549, Collingwood, ON, L9Y 4W3			
You will be contacted to confirm your session / crew and provide you with details.			
Office Use Only	Amount paid:	Date Received:	Date \$ to treasurer:
Contacted by:	Comments:		

LEARN-TO-ROW = \$125.00

Tuesday June 10, Thursday June 12, (rain date Friday June 13) 6:00 – 8:30 p.m. and
Saturday June 14 7:30 – 10:00 am

- § 3 lessons with certified coach (total 7.5 hrs) offers introduction to the basics of rowing including terminology, handling the equipment, and how to row in a crew.
- § Fee includes \$12 to Row Ontario & Canada Rowing for mandatory membership/insurance
- § Upon completion of Learn-to-Row, UPGRADE to a General Membership (depending on availability) for \$100.00 (youth - \$50.00) plus Volunteer Bond

**GENERAL MEMBERSHIP = \$165.00, plus
\$100.00 – Volunteer Bond (cashable Dec 15th)**

- § Completed learn-to-row or equivalent instruction and are accepted into membership.
- § Fee includes \$12 to Row Ontario & Canada Rowing for mandatory membership/insurance

Please rate the following rowing goals (1= most important for me 5= least important for me)

	Recreational Rowing (less structure, more social time on water)
	Skill Building (more structured practices, skill building drills, more feedback from coach)
	Fitness (skill building plus higher intensity, longer distances)
	Competition (training geared to attend regattas)
	Coxie (training geared to develop your skills as a coxie)

Members are recommended to row 2x per week to maximize their learning experience:

How many times per week would you like to row? <1 1 2 3 >3

Please place a **P** (preferred), **A** (available) or **X** (unavailable) in all of the time slots below:

	Mon	Tues	Wed	Thurs	Fri	Sat 7-8:30 am	Sun 7-8:30 am
6:00 – 7:30 am							
6:00 – 7:30 pm						N/A	N/A

To help us place you in a suitable crew, please describe your skill level and ideal crew:

I'm interested in helping with coaching (training provided as appropriate)

Occupation: _____

Hobbies, Interests: _____

Concerns, special needs: _____

VOLUNTEER BOND: TWELVE (12) VOLUNTEER HOURS REQUIRED:

- As a volunteer organization, many hands make light work.
- Volunteer Hours required: 12 hours/year (before December 15th, 2008)
- A \$100.00 Volunteer Bond cheque will be held for each General Member until December 15th, 2008.
- If 12 Volunteer Hours are not completed, the cheque is cashed in lieu.
- All volunteers will be under the lead of a board member or committee.

Please Note: there are MANY opportunities to work the hours on committees, moving boats, fundraising, coaching, safety boat driving, equipment maintenance, position on the board and more!

In what area would you like to volunteer? _____

Note and Regulations:

1. If a Member misses three (3) scheduled sessions without attempting to find a spare and providing advance notification of the coach, the board has the authority to remove them from the regular rowing schedule.
2. Cheques will not be cashed until your Membership or place in LtR is confirmed.
3. Youth = 14 – 18 years old or under 21 and a full time student. Ages 12-14 considered on a case by case basis in consideration of body size, strength and maturity
4. All fees must be paid by cheque or money order – no cash will be accepted
5. \$25 of your fee is non-refundable
6. \$25 fee will be charged for all NSF cheques
7. All Members and Learn-to-Row participants must be competent swimmers and will sign a waiver indicating that competence
8. All Members will abide by all safety regulations, and will use good judgement re: safety.
9. Our season typically runs from late May until late September, weather dependant.

Release, Waiver and Assumption of Risk

Member Name (print) : _____

Date of Birth: _____

To: Collingwood Rowing Club, it's Directors, Officers, Coaches and Members

The undersigned understands, acknowledges and agrees that participation in rowing involves risks and dangers that include, but are not limited to, cold weather and water. In consideration of your permitting me to enter your premises or engage in rowing, accompanied or unaccompanied by a launch, using club or private equipment:

1) I agree and acknowledge that:

- A. I shall / have read the safety check list distributed to all members before going on the water and assume responsibility for examining all updates thereof;
- B. I am a competent swimmer and am able to:
 - Swim 250 metres without stopping (no time limit) then, without a break,
 - Tread water for five continuous minutes; then
 - Put on a lifejacket while treading water.
- C. I am familiar with and understand the dangers associated with cold weather and water, specifically hypothermia and how to deal with it should an accident occur;
- D. I shall stay informed of special club activities and programs at the club, and be bound by all rules established by Collingwood Rowing Club
- E. I shall notify, immediately, the club captain, or in his/her absence, a club officer, of any incident within my knowledge, affecting the club or its members, or regarding any obstruction or dangerous situation in or on the water and surrounding banks.

2) On behalf of myself and all persons entitled under the family law act, I hereby release and forever discharge you, and each of you from all liability, loss, damage and costs arising from any injury, death, loss or damage to my person or property whenever or however caused arising out of, or in connection with, my use of your premises or property, or my rowing activity, on water or land, notwithstanding that such injury, death, loss or damage may have been contributed to or occasioned by negligence of you.

Members Signature

Date

Parental Consent (for members under age 18)

I, _____, (parent / guardian) request that my son/ daughter _____ be allowed to participate in rowing as provided by the Collingwood Rowing club. I acknowledge that the Release, Waiver and Assumption of Risk signed by my son/daughter has been read by me and I agree with the contents. In consideration of my son/daughter being allowed to participate, I for Myself, Heirs, Executors, Administrators and Assigns, hereby release and forever discharge and hold harmless the Collingwood Rowing Club, its Directors, Officers and Agents including Coaches) from any liability for injury, death, loss or damage to property, sustained by my son/daughter, named above, howsoever caused, arising out of, or in connection with the said son's/daughter's participation in rowing activity, notwithstanding that such injury, death, loss or damage may have been contributed to or occasioned by negligence of you.

Parent Signature

Date

Privacy Release

I authorize RCA, Row Ontario, and Collingwood Rowing Club to collect and use personal information about me or my child for the following reasons:

- Receiving solicitations from RCA sponsors such as MBNA;
- Receiving solicitations from within RCA for other commercial activities;
- Posting rosters, statistics, images and results on Collingwood Rowing Club or Row Ontario's Website

** RCA, Row Ontario, and Collingwood Rowing Club does not sell or distribute your personal information to any other third party!**

YES NO

Member/Parent Signature (under 18)

Date